



Who we are: Incorporated in 2016, Dysautonomia Support Network (DSN) is a US based volunteer-run 501(c)(3). Our mission is to EMPOWER, EDUCATE, and ADVOCATE for patients affected by the many forms of dysautonomia and related conditions. DSN strives to improve the quality of life of patients worldwide by increasing awareness and understanding of dysautonomia and building a patient-led community who support each other.

- Our organization is almost 100% volunteer run
- DSN now manages over 12 online groups, providing support 24/7, 365 days per year!
- DSN's mission and vision focus on improving the quality of life of patients with dysautonomia through empowerment, resources, and education.
- We offer closed support groups and lifestyle clubs that provide our members with a safe space to discuss their conditions, goals, and lives.

What is Dysautonomia: Dysautonomia refers to a group of neurological disorders in which the autonomic nervous system (ANS) has become dysregulated. This can involve the failure of either the sympathetic nervous system or parasympathetic nervous system or both. The symptoms of dysautonomia can affect every system in the body, sometimes in unpredictable ways. Symptoms may be mild or debilitating. They also may wax and wane in intensity, or be unremitting. Depending on the type of dysautonomia and its cause, patients may deal with symptoms permanently or in some cases recover.

Resources:

- [Medical Provider Map](#)
- [Facebook Support Groups](#)
- [Assistive Technology](#)
- [Partnership with Backpack Health](#)
- [Proclamation Kits for raising awareness of EDS, Chiari malformation, gastroparesis and dysautonomia](#)

Where to Find us:

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Interested in volunteering?: <https://www.dysautonomiasupport.org/volunteer>

Interested in consulting?: <https://forms.gle/eqPb3oS6grinFhM36>